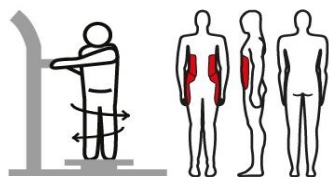
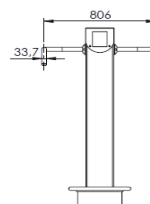
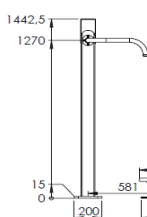
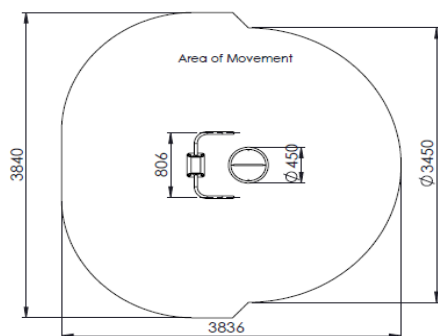


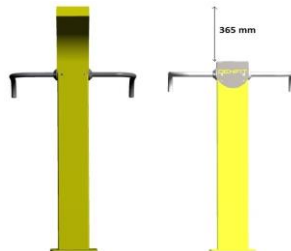
Technical information Denfit UrbanGym - TwistOut

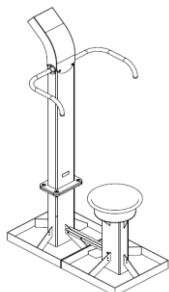
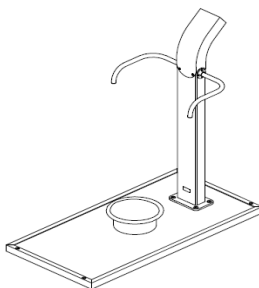
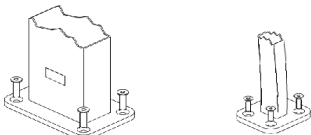


Twisting



With low top



TwistOut	The basic exercise is Twisting, follow the instruction pictogram. Many alternative exercises are possible on the Twistout. Check out the QR code that leads to all training possibilities.	
Accessories	Instruction pictogram and QR code	
Material	All main posts hot dipped galvanized and powder coated (in many different RAL colours) steel. The bent top is of stainless steel 304 and can be coated in the same color as the post. The straight top is of stainless steel 304, ceramic pearled. Other steel parts (seat, handles, frames) hot zinc flame sprayed and textured powder coated in Noir Sablé. Tubes stainless steel 304 ceramic pearled. Optional floor is hot dipped galvanized and covered with wet pour in black. The installation frame is of hot dipped galvanized steel.	
Dimensions material	Main post: 200 x 100 x 4 mm Square tubes: 60 x 40 x 3 mm Round tubes/handles: Ø 33,7 x 3 mm floor frame: 60 x 40 x 3 mm covered with 10-15 mm wet pour Floor: 1800 x 900 x 60 mm	
Area of movement	14,8 m2	
Fall protection	no	
Assembly	Preamsembled sections	
Free height of fall	130 mm	
intended for	adults and youth > 1400 mm	
max. user weight	120 kg	
Anchoring	On installation frame in the ground no fluid concrete needed follow the instructions in the service manual 	Installation on own floor frame on soft surface - on concrete - on tarmac follow the instructions in the service manual 
	Installation directly on concrete (not tarmac) installation without own floor directly on tarmac is not possible follow the instructions in the service manual 	
Certification:	EN 16630-2015: for permanently installed outdoor fitness equipment	
Notice:	Not intended for children >1400 mm The Denfit Gym equipment should not be used if you are suffering from physiological problems. Avoid exaggerated physical exhaustion. In case of doubt please contact your doctor before use. Inspect the equipment before use. Don't use it if it appears damaged or inoperable.	