

Technical information Denfit Gym Combi 12 BikeFit / AbShape 2503 3570 The basic excercises are cycling and sit up, follow the instruction pictograms. Many alternative excersises are possible. Check out the QR code that leads to all training Equipment Sticker with instruction pictogram and QR code Accessories All main posts hot dipped galvanized and powder coated (in many different RAL colours) steel. The straight top is of stainless steel 304 ceramic pearled. Other steel parts (seat, handles, frames) hot zinc flame sprayed and textured powder coated in Noir Sablé. Tubes stainless steel 304 ceramic pearled. Material Optional floor is hot dipped galvanized and covered with wet pour in black. The installation frames are of hot dipped galvanized steel. Dimensions material Main post: 100 x 100 x 4 mm Square tubes: 60 x 40 x 3 mm Round tubes/handles: Ø 33,7 x 3 mm Floor frame: 60 x 40 x 3 mm covered with 10-15 mm wet pour Floor: 3000 x 1000 x 60 mm Area of movement 19,6 m2 Fall protection No fall protection is needed Assembly Preassembled sections Free height of fall 500 mm intended for adults and youth > 1400 mm max. user weight 120 kg On installation frame in the ground Installation on own floor plate Anchoring On soft surface: no fluid concrete needed with supplied ground anchors on conrete: With supplied wedge anchors on tarmac: use chemical injection system and threaded rod NOT SUPPLIED! Installation without own floor directly on concrete (not tarmac) installation without own floor directly on tarmac is not possible Use provided wedge anchors M16/M12 Certification: EN 16630:2015 for permanently installed outdoor fitness equipment Not intended for children < 1400mm. Notice: The Denfit Gym equipment should not be used if you are suffering from physiological problems. Avoid exaggerated physical exhaustion. In case of doubt please contact your doctor before use. Inspect the equipment before use. Don't use it if it appears damaged or inoperable.

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