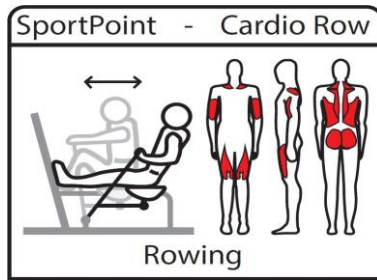


## Technical information Professional SportPoint - Cardio Row

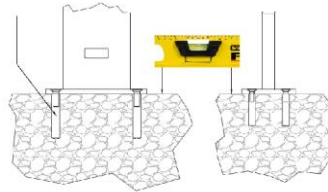
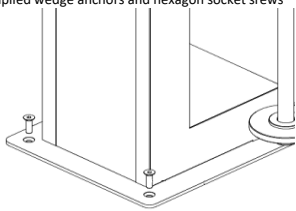


<b>Cardio Row</b>	The basic exercise is Rowing, follow the instruction pictogram. Many alternative exercises are possible on the Cardio Row. Check out the QR code that leads to all training possibilities.
<b>Accessories</b>	Sticker with instruction pictogram and QR code
<b>Material</b>	Bench and posts are hot zinc flame sprayed protected and Gris Sable 2400 textured powder coated steel. The beams are stainless steel 304, electrolytic polished. Inlay part polyester powder coated steel plate in any RAL color. Floor parts are hot dipped galvanized and coated with 10-15 mm black wet pour.
<b>Dimensions material</b>	Round tubes/handles: $\varnothing$ 42,4 x 3 mm / $\varnothing$ 33,7 x 3 mm Floor: 2400 x 1720 x 60 mm Posts: $\varnothing$ 101,6 x 2,75 mm
<b>area of movement</b>	1500 x 1500 mm
<b>fall protection</b>	not needed
<b>Weight:</b>	Product: 100 kg      Floor = 155 kg
<b>Assembly</b>	Preassembled sections - Optional: mounted on own floor
<b>free height of fall</b>	580 mm
<b>intended for</b>	adults and youth > 1400 mm
<b>max. user weight</b>	120 kg

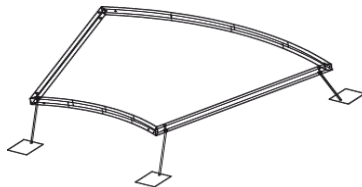
### Anchoring

#### Installation directly on concrete (not tarmac)

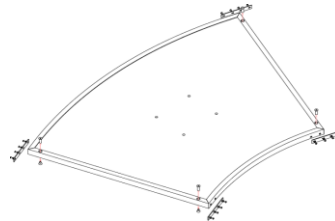
Use supplied wedge anchors and hexagon socket screws



#### Installation on own floor part in soft surface



#### on concrete/tarmac



**Certification:** EN16630:2015 - for permanently installed outdoor fitness equipment

**Notice:** *Not intended for children < 1400 mm*  
*The Denfit Professional equipment should not be used if you are suffering from physiological problems.*  
*Avoid exaggerated physical exhaustion. In case of doubt please contact your doctor before use.*  
*Inspect the equipment before use. Don't use it if it appears damaged or inoperable.*