

Fitness Edition #1



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We're Serious About Fun & Fitness!

Our products are born from a deep passion for sports and a genuine athletes' perspective, and we prioritise both quality and variety in our fitness products. Assortment of colour options available.





URBAN GYM







DENFIT
OUTDOOR FITNESS

Urban Gym
Exciting Outdoor Training

- Accessible to all
- Body weight resistant training system
- Crossfit-style workout
- 30 aesthetically designed fitness units



Waxon Waxoff



Parallel Bars



Hand Bike



Power Push



Power Pull



Ab Shape



Leg Push



Run Fit



Step Up



Cross Fit



Balance Board



Row Fit



Bike Fit



Back Shape



Wave Walk



Knee Raise



Leg Wave

URBAN GYM COMBIS







DENFIT
OUTDOOR FITNESS

Urban Gym Combi

- Full-body workout
- Great in compact areas
- Combinations of Urban Gym equipment
- 34 combinations to choose from



Gym Combi 1



Gym Combi 2



Gym Combi 4



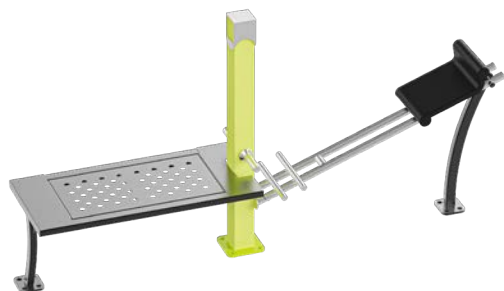
Gym Combi 5



Gym Combi 6



Gym Combi 7



Gym Combi 8



Gym Combi 9



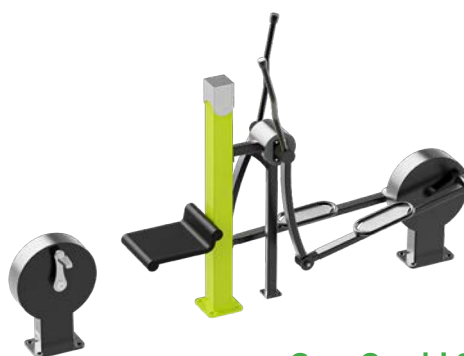
Gym Combi 16



Gym Combi 17



Gym Combi 20



Gym Combi 26



Gym Combi 31



Multimax 4

PROFESSIONAL SPORTPOINT







DENFIT
OUTDOOR FITNESS

**Professional
SportPoint**

- Bring the indoor gym outside
- Adjustable and non-removable weights
- Increase fitness, strength and cardio
- Variety of products to mix and match



Cardio Bike



Cardio Cross



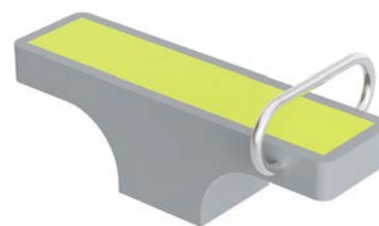
Cardio Row



Dip Bench 3



Jump Boxes



Abdominal



Chin Bar



Dip Press



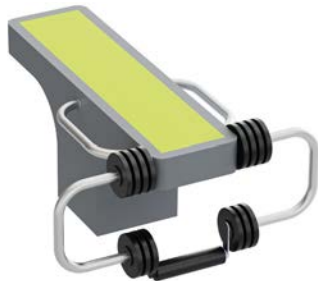
Multi Fit



Preacher Curl



T-Bar



Leg Extension



Pectoral



Professional SportPoint Circle



**Squat &
Upper Body Inclusive**



Bench Press

STREET WORKOUT







DENFIT
OUTDOOR FITNESS

Street Workout
Don't dream it, work for it

- Over 80 device options
- Customisable
- Combining athletics & calisthenics
- Own body weight training



Workout Desk
DSW 4951



Push Up Double
DSW 4958



Bench - Bench Incline
DSW 4115



Fitness Pole
DSW4460



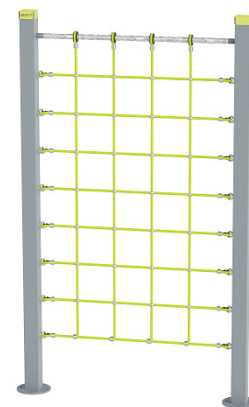
DSW 4964



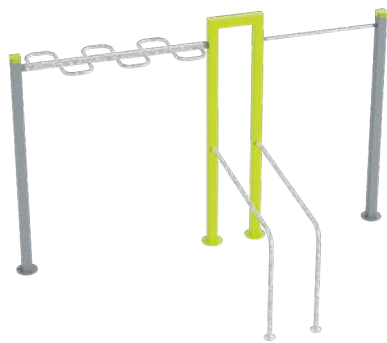
Jump Platforms
DSW 4965



DSW 4966



Rope Net Climb
DSW 4464



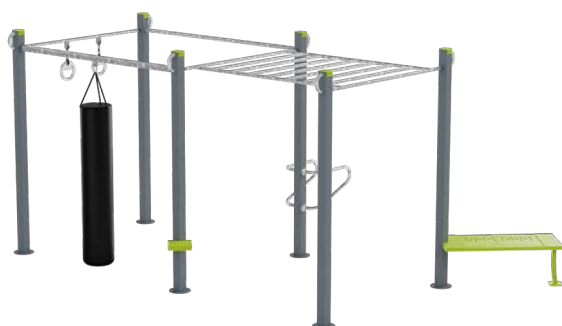
Wavebar Pull Up Bars Parallel Bars

DSW 4654



Wall Pull Up Bars Bench Parallel Bars

DSW 4571



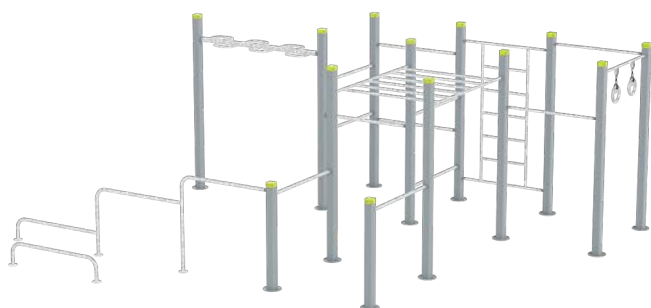
HIT Training

DSW 4953



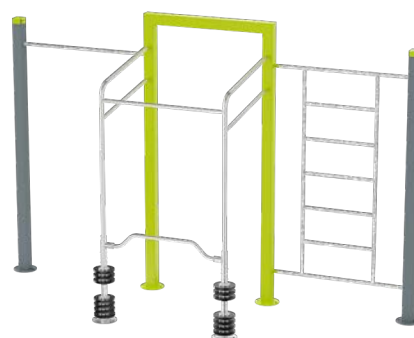
Push Ups Triple Different Posts

DSW 4955



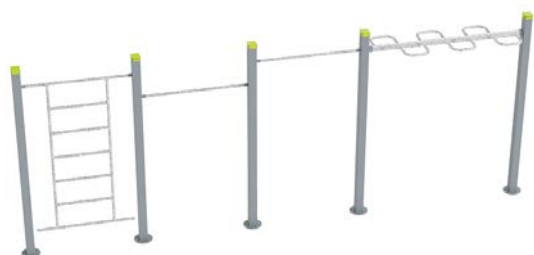
Free Move

DSW 4961



Squat Workout

DSW 4459



Pull Up Bars Double Wavebar Wall

DSW 4461



Horizontal Ladder

DSW 4954



Pull Up Bars With Rings

DSW 4465

CROSS TRAINING





DENFIT
OUTDOOR FITNESS

Cross Training

- Instructional exercise board
- Full body conditioning
- Perfect for bootcamp-style training
- Constantly varied functional movements

Prepare to unleash your inner athlete through Cross Training! This versatile equipment is designed for the determined, those willing to push limits and attain complete athletic prowess, leaving no weaknesses behind.

Cross Training is all about constantly varied functional movements performed at high intensity to work on multiple muscle groups and improve your agility. Whether you want to lose weight, build strength, improve your stamina, or enhance your overall health, Cross Training is the answer!

Get ready to jump, pull, push, and lift your way to becoming the best version of yourself!



Cross Training Dumbbells

DSW 4972



Cross Training TRX

DSW 4971



Cross Training Dumbbells / TRX
DSW 4983



Cross Training Core
DSW 4975



Cross Training 1
DSW 4963



Cross Training 2
DSW 4970



Cross Training 3
DSW 4982



Cross Training 4
DSW 4984

SENIOR FITNESS

A man and a woman are exercising on outdoor gym equipment in a park. The man, on the left, is wearing a white t-shirt and blue shorts, leaning against a vertical pole. The woman, on the right, is wearing a purple tank top and black leggings, standing on a horizontal bar. The background features palm trees and a sandy area.





DENFIT
OUTDOOR FITNESS

Senior Fitness
BasixFit Range

- Improves cognitive function
- 15 options available
- Adaptable training solutions
- Comprehensive fitness routines

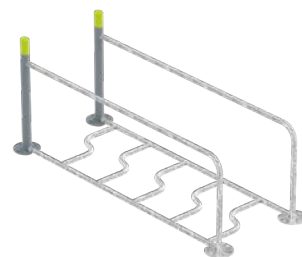
Denfit BasixFit represents a contemporary collection of outdoor fitness equipment comprising of stationary devices designed to target all muscle groups, providing an ideal workout experience for individuals of all fitness levels.

Public spaces and parks can accommodate these stylish installations that offer the community the possibility to exercise, socialise and enjoy the outdoors at the same time.

Each unit has been designed to work different muscle groups and they can be used by people of all ages, whether they are beginners or experienced athletes. The combination of devices can provide a nice circuit style workout, calisthenics or stretching.



Balance Beam Bars



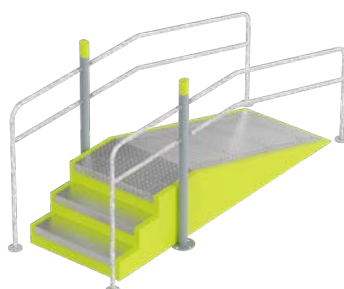
Walking Bridge Bars



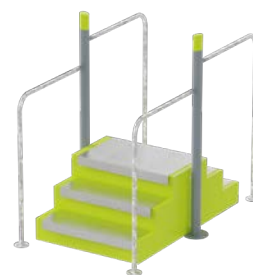
Balance Beam



Beam Jumps



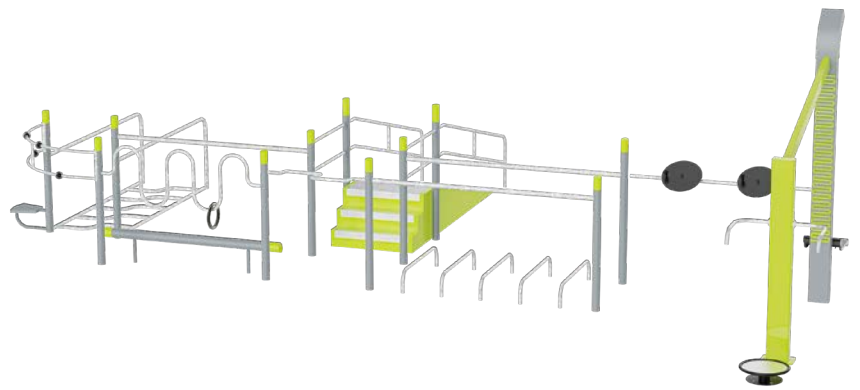
Stairs with Ramp



Stairs

Each piece of equipment is capable of individual installation or integration into a circuit such as the Motion Plus, which consists of:

Walking Bridge Bars, Balance Bar, Balance Board, Wavebar with Ring, Arm Wrist Exercise, Hand Bike, 5x Hurdle, Waxon Waxoff, Balance Board and Seat, Stretch Plate, Jump Touch Bar and Finger Exercise. Alternative and customised circuits can also be designed.



Motion Plus



Push Up



Hyper Extension



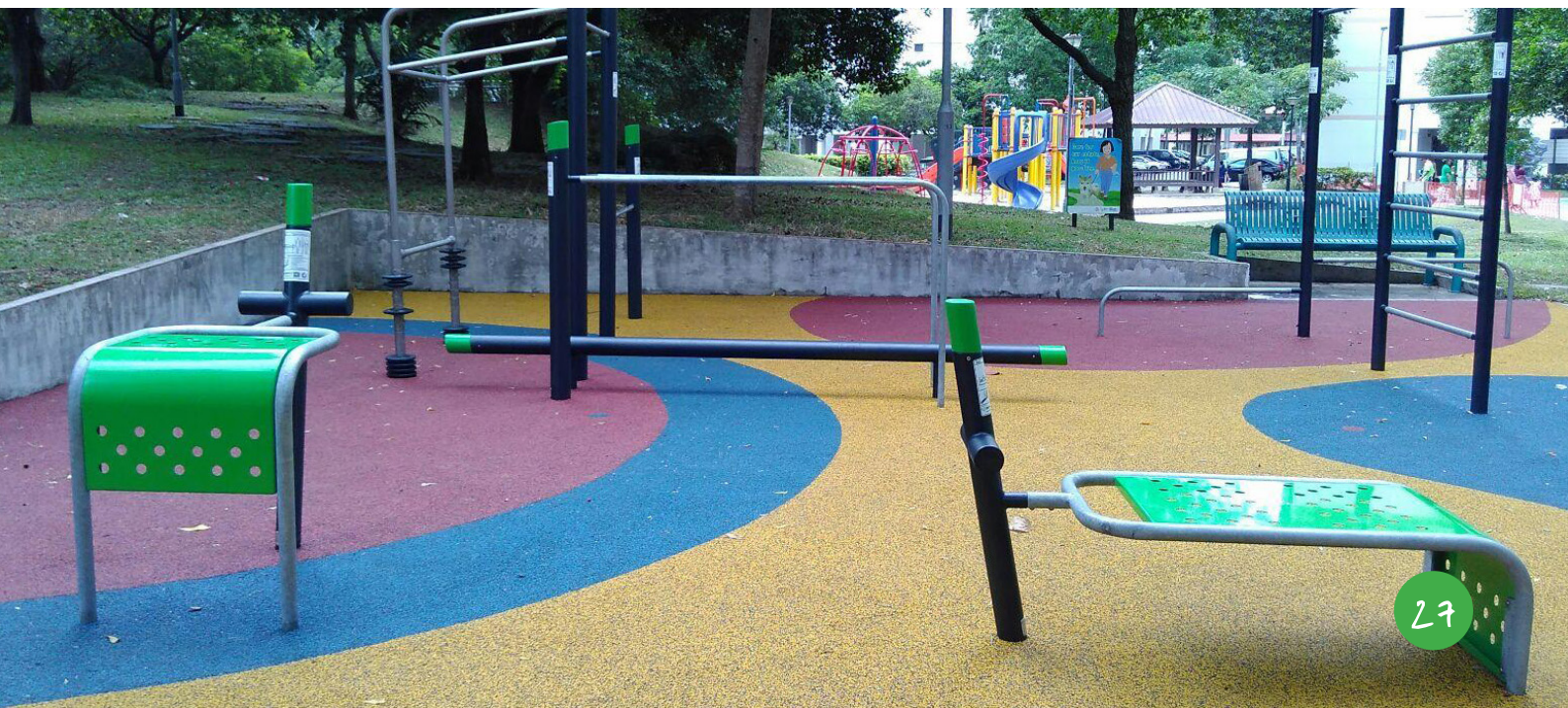
Body Curl



Parallel Bars Double



Multigym



OBSTACLE TRAIL







DENFIT
OUTDOOR FITNESS

Obstacle Trail

Challenge Your Limits

- Challenges for the mind and the body
- 39 pieces of equipment to choose from
- Fuses calisthenics & motor skill development
- Various levels of difficulty



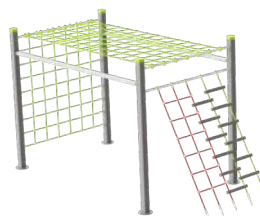
Ring Swing

NW2055



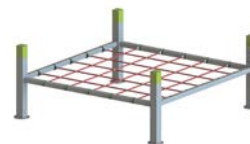
Roller Swing

NW2053



Net Climb

OR1481



Crawl Under

OR1451



Hanging Beam

NW2059



Moving Beam

NW2060



Pendant Swing

NW2054



Climbing Wall

OR1453



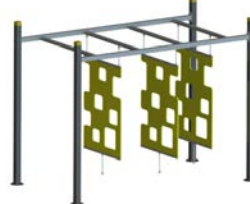
Tyre Swing

NW2058



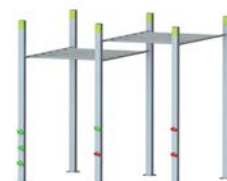
Barrel Hang

NW2051



Board Challenge

NW2052



Monkey Bars 2 Ways

OR1454



Trapeze Single
OR1477



Vertical Wall with Rope
OR1478



Trapeze Single
NW2056



Ninja Spinner
NW2057



Rope Walk
NW2061



Over and Under
OR1456



Rope Swing
OR1457



Net Climb
OR1458



Ninja Step 2.0
OR1486



Ring Swing
OR1460



A-Climb
OR1461



Rope Net Climb
OR1462



Rope Swing Single
OR1463



Floating Balance Beam
NW2065



Ninja Spinner
OR1469



Cliff Hanger
OR1470



Balance Beam Square
OR1465



Balance Beam Square High
OR1466



Balance Beam Incline
OR1467



Balance Beam
OR1467



Ninja Spinner Single
OR1475



Swing Bridge
OR1452

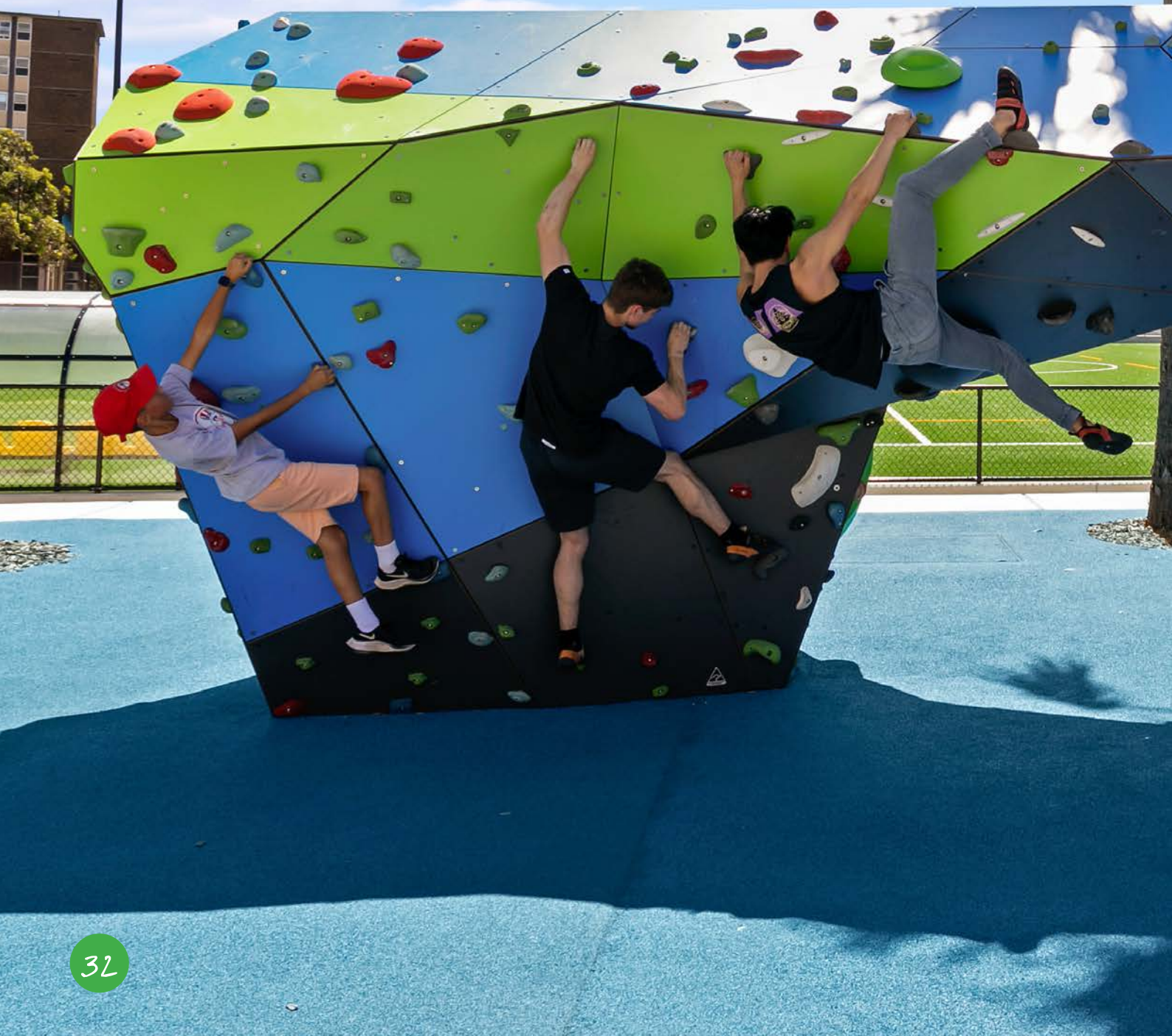


Hurdle Over and Under
OR1471



Instruction Board
Support Only

BOULDERING





GOOD
DESIGN
AWARD®
WINNER



**industrial
by nature**

Bouldering
Climbing Structures

- Designed and manufactured in Melbourne
- Unique, inviting and durable
- 26 options available
- Colour-coded rock grips



Pillar



Edge



Apostle



Monolith



Nexus Hercules



Hercules +



Colossus +



Nexus Apostle Cluster



Titan



Nexus Monolith



Apostle Cluster



Nexus Apostle



Nexus Goliath



Goliath



Nexus Pillar



Super Colossus



Procurement

Prequalified Contractor Under
NSW Scheme SCM0256



Local Government
PROCUREMENT

APPROVED CONTRACTOR



local buy®